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Capital Times



• The stars of the New Theatre Christmas pantomime are getting ready for six weeks of festive laughs. Comedian Joe Pasquale, female impersonator Ceri Dupree and actress Lucy Evans are appearing in *Sleeping Beauty*, which starts next month on Saturday, December 8.

Photographs by Yasmine Dahal & Nina Robinson

Cardiff Council Issue 143 November 2012



NEWS



Couple win community award – see page 4



Bute Park reaches final of Lottery awards - see page 7

Cardiff to benefit from £11m broadband windfall

CARDIFF is to receive £11m to allow the Welsh capital to become a super-connected city.

The funding means that Cardiff can now work towards achieving high speed broadband access for the city.

Cardiff is one of ten cities across the UK that is being given the chance to become super-connected, with around £100m of funding being provided by the UK Government.

Under the proposals the city will have 100 per cent

availability of ultrafast 1Gb broadband connections for business, and 100Mbps broadband for homes.

There will also be “free” wireless provision in key areas of the city, including an always-available Cardiff specific information portal – with links to tourism, local services, where to stay, where to get help etc. Mobile phone access will also be improved, with 4G access throughout the city.

Super-connected status will help the city to drive growth,

attract new businesses to the area and transform the way services are provided and accessed.

Cardiff Council is also investing £4m from separate funding to provide wireless access in all city schools and will also commit to providing wireless access free in all community hubs, youth centres and leisure centres. This will be in addition to the facilities already available in Council offices and libraries.

Cardiff Council Leader,

Councillor Heather Joyce, said: “This is excellent news for the city. With Cardiff being the largest city in Wales, and the main employer for the region, this money will allow us to make vital improvements to our digital communication.

“We have already started our investment programme in schools networking, which will be showing visible benefits in the next few months. We are also determined to make sure that we use this funding to help us to allow the more

disadvantaged in our communities to improve their opportunities in the digital economy.”

Councillor Russell Goodway, Cabinet member for Finance, Business and Local Economy, added: “High speed broadband will help us drive further job growth and benefit the whole of south east Wales. Cardiff is already a digital media hub and a financial centre and these improvements will allow Cardiff to expand further in these and other areas.”

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See pages 10-11

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You can also e-mail us at
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A day in a life

The latest in a regular series looking at jobs carried out by council employees. This month, City Centre Area Manager, **Juliet Gamlin**, who featured in the recent BBC documentary series 'A Summer in Wales' talks to Capital Times.



I NORMALLY get into work on or around 7am in the morning and sit down with the team to get an update on any issues with the night time economy.

I look at any immediate challenges that need to be addressed, such as vehicle breakdowns or redeployment of staff to cover anyone who hasn't come in that day and once we have all the staff out on the front line operation we tend to look at any other issues/tasks that need co-ordinating.

I normally have a quick brief with staff first thing Monday mornings to say "right, these are our challenges for the week."

My role is very much about delivering services to meet the needs of our customers. It's therefore about the reputation of the city centre

and making sure the team is ready for business, know what their objectives are and what's expected of them with regard to levels of performance.

It's very important that I'm there in terms of offering leadership but also to give advice and to support the day-to-day operations.

My role is to ensure that everything is running smoothly and also to manage any big events that may be forthcoming, as well as looking at new innovations or solutions for efficiency savings/improved ways of working.

I also attend regional waste meetings to look at sharing best practice across the industry so there's also a more strategic aspect to the role.

The city centre workplace is full of vibrant characters

that I love to deal with and manage daily. The team are also very skilled people, highly motivated and take pride in the work that they undertake. They work very hard, are very conscientious and strive to be the best they can be. In addition they want the city centre to be the cleanest and most vibrant city for customers and visitors alike.

The city centre runs 24 hours a day, seven days a week so it's possible that you may be called out in the middle of the night if there are any urgent issues. I form part of a team that provide an 'out of hours' duty manager's rota and also cover for when there are big events.

This year has been particularly challenging

because of the sheer number of events. We've had the Olympic torch relay and a number of Olympic football events held at the Millennium Stadium that generated a world-wide audience focusing on the look and feel of the city centre. From here on in we are straight into preparing for the autumn internationals and the Cardiff Half Marathon.

A lot of the feedback from the TV programme 'A Summer in Wales' has come from people who have not realised the diversity of services undertaken by the city centre team, nor the day to day challenges that the team face. Washing of public art, washing pavements and street

furniture, covering international events, removal of fly-posting/fly tipping etc is all in a days work for the busy city centre team.

It's nice for people to see the team are active, very ambitious and keen to put Cardiff on the map. It also demonstrates that we can manage national and international events with ease. We have the flexible skills within our own workforce to deliver those ambitious events and we can do it successfully.

When people come to the city centre we want to ensure that they have a clean, safe and sustainable environment in which to enjoy themselves and hopefully return again and again.

Cardiff to undergo
resurfacing programme

THE first stage of a £5m resurfacing programme will be implemented across the city over the forthcoming months.

Approximately 225 roads will be resurfaced under this first stage of highway improvement works.

The work is being carried out thanks to Cardiff Council successfully securing funding from Welsh Government under its Local Government Borrowing Initiative

Cabinet member for Strategic Planning, Highways, Traffic and Transportation, Councillor Ralph Cook said: "The roads being resurfaced have been

identified as part of the Council's Highways Service annual inspection. This inspection provides an effective means of assessing the condition of all the city's roads. The work will be rolled out in phases and each year the programme will be reviewed so that those most in need of treatment are addressed."

If your road is part of the programme you will be notified by letter seven days prior to the start of the works on your road. This letter will contain all the detailed relevant information and how it will possibly affect you.

Councillor Cook added: "This is a very significant programme of works that will greatly improve the highways infrastructure of the city. We have taken great care to minimise disruption for our residents who I'm sure will appreciate the huge improvement in the road surfaces as they go about their business in the capital."

• For a full list of roads being resurfaced or for more information about this resurfacing programme please visit our website www.cardiff.gov.uk/Resurfacing or contact C2C on c2c@cardiff.gov.uk or 029 2087 2087.

Committee dates
October / November 2012

Wednesday, October 17, Planning (Policy) Committee, 4pm, Ferrier Hall, City Hall.

Tuesday, October 23, Community and Adult Services Scrutiny Committee, 5pm, Committee Room 2, County Hall.

Wednesday October 24, Policy Review & Performance Scrutiny Committee, 4.30pm in Meeting Room E, City Hall.

Thursday, October 25, Council, 4.30pm, Council Chamber, City Hall.

Tuesday, October 30, Public Protection Committee, 10.30am, Committee Room 4, County Hall.

Tuesday, October 30, Licensing Committee, 10.00am, Committee Room 4, County Hall.

Tuesday, October 30, Environmental Scrutiny Committee, 4.30pm, Committee Room 4,

County Hall.

Thursday, November 1, Economy and Culture Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Tuesday, November 6, Children and Young People Scrutiny Committee, 2.30pm, Committee Room 4, County Hall.

Tuesday, November 6, Constitution Committee, 4.30pm, Meeting Room A City Hall.

Wednesday, November 7, Planning (Development Control) Committee, 2.30pm, Function Room D, County Hall.

Thursday, November 8, Cabinet, 4.00pm, Committee Room 4, County Hall.

Tuesday November 13, Corporate Parenting Panel, 4.00pm Committee Room 4, County Hall

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee Services at County Hall on 029 2087 2000.

Thousands attend Jobs Fair

THOUSANDS of jobseekers flocked to City Hall to attend the 'More Than Just A Jobs Fair'.

More than 4,000 people attended the fair, which was organised by Cardiff Council's Local Training and Enterprise and gave jobseekers the chance to meet with around 40 employers, including ING Direct, Premier Inn, Admiral, Debenhams, Hilton and Tesco.

There was also careers advice available from a host of partner organisations including Careers Wales, Cardiff Youth Council and Jobcentre Plus.

Attendees were invited to brush up on their CVs, sign up for courses and attend motivational talks. There were even interviews taking place so people were given a real chance of walking away with a job on the day.

A team of young volunteers who are not in education, employment or training were

also drafted in to make sure the event ran smoothly. As event hosts they were given the opportunity to work with the employers, gain valuable on-the-job experience, as well as working towards a BTEC level 2 qualification.

In total more than 1,000 vacancies were on offer.

Cardiff Council Leader Heather Joyce attended the event and was impressed with what she saw.

"The day was an enormous success with an immensely positive atmosphere, giving people of the chance to engage with employers. It is really important that Cardiff Council works closely with its partners to maximise opportunities for people who are out of work.

"In the current economic climate we need to make sure that people who are not in employment are given the best possible opportunities to get back into work. Events like this

jobs fair are a really good way of getting people to connect directly with employers and training opportunities and I am encouraged that as a result of the 'More Than Just A Jobs Fair' a lot of people are now going to be in new jobs."



Event hosts shine at jobs fair

ONE of the volunteers at the jobs fair was 19-year-old Bethan Domaille from Pentwyn who worked as an event host on the day.

She was involved in a lot of background work before the event and was part of a team of young people, not currently in education, training or employment, who were assisting employers and helping visitors at the jobs fair.

Bethan said it was positive experience for her. "It was manic but it was good and I was able to help out in different ways. I was with a care home and on the social media desk telling people where to go.

"It was good to be involved in the planning stages and to give my ideas and I know in the long term it will help me."



Jobs fair puts unemployment to the sword

ONE of the companies recruiting at the jobs fair was Sword Security.

The firm, based at Cathedral Road, had more than 50 causal contact jobs it was trying to fill.

Ian Wood, from Sword Security, said: "It was a resounding success for our company and thanks to this event we will have no trouble at all filling these jobs.

"The event was incredibly busy but really well organised and I do hope this becomes a regular fixture for Cardiff."

On the day Sword Security offered two people employment and took more



than 200 contact details. It now plans to interview around 50 candidates, the majority of whom will be offered work.

The company also worked with two of the event hosts

who Ian described as "incredibly helpful and positive".

He said: "I have arranged to call them into to the office to offer them both work."

Council makes Living Wage history

CARDIFF Council is paying its employees the Living Wage, after making the historic announcement in July that it was to be the first Council in Wales to commit to do so.

Cardiff Council's Cabinet has made it a key priority to bring salaries into line by introducing a Living Wage so that all employees earn a minimum of

£7.20 per hour. This is £1.12p an hour more than the National Minimum Wage.

Last month the Cabinet approved the introduction of the Living Wage meaning a salary increase for more than 2,000 of Cardiff Council's lowest paid staff.

The move has been welcomed by unions as a

progressive step which will help many council workers during the current difficult economic climate.

Cardiff Council Leader, Councillor Heather Joyce, said the decision would help give more money to Council staff who are tasked with delivering public services to high standards.

She said: "I made it very clear when I became leader of the Council that this was a key priority of the new administration.

"The 2,000 staff who will benefit from these proposals are doing some of the most important and challenging jobs in the Council and we believe that they should be paid a

decent salary for their work.

"This will also provide a boost to the local economy as people will have a little more in their pocket which will help stimulate businesses across our city."

Cabinet member for Finance, Business and the Local Economy, Councillor Russell Goodway, added: "This

administration is making a big statement showing our commitment to social justice. At a time when proposed Welfare Reforms introduced by Central Government will potentially see 20 per cent of the people receiving benefits in Cardiff suffering a significant cut next April, this is a very important step forward."

Alan and Ann are community stars

HEROES and heroines of Cardiff gathered at City Hall for the second Owain Glyndwr Seren Awards last month.

The award was created to reward those who are celebrated and respected within the community, have shown exceptional courage or demonstrated excellence in a particular field.

Four nominations were shortlisted for the award with

husband and wife couple Alan and Ann Davies coming out as winners.

For the last 40 years the couple have dedicated their lives to their community of Llandaff North.

Back in the 1970s the couple tirelessly arranged fundraising activities to help secure the use of an old booking office as a community hall for the area,

setting up a local group in the process.

Eventually in 1986 the group were given the keys to Llandaff North Community Centre, which to this day is still managed by Ann and Alan.

The couple are both well respected within the area and have continued, despite ill health, to ensure that there is local community facility for both young and old.

On winning the award Ann said: "This is a complete surprise and I was delighted to be nominated. When you work with the community you get as much back as you put in."

Alan added: "Our motto as a couple has always been think of people who are less fortunate than yourself."

The couple have vowed to hang the award up in the Community Centre.



Photo courtesy of Media Wales

The Owain Glyndwr Seren Award runners up

Loreine Hawkins

Loreine was shortlisted for making a difference in her local community. Loreine, with a group of local mums, has learnt new IT and adult education skills from a Communities First Initiative to improve the prospects of people living in Ely.



Ron Morgan

Ron was nominated for his volunteer work on various community projects and events in conjunction with Communities First. On being nominated Ron said: "I am not the real winner here, the people of Fairwater are I would like to thank them for their support."



Edgar Wilson

Edgar is Chairman of the Waterloo Gardens Fete Committee and has raised thousands pounds for charity including Marie Curie, Noah's Ark Appeal and the Children's Heart Unit at the University Hospital of Wales.



Biodiversity is all living things. It provides us with food, clothing, medicine, building materials and fuel. It helps reduce stress and aids relaxation. Each month Cardiff Council ecologist **Laura Palmer** will point out some of the great biodiversity you can see across the city.

Hedgehogs are fattening themselves up for the winter. They find a cosy corner to make a nest in and settle down during the cold weather.

Hibernation is not just going to sleep. Hedgehogs become immobile, their heart rate – usually 190 beats per minute – slows to a faint 20, and they almost stop breathing, maybe only once every few minutes.

November is the best

time to see the **Atlantic Salmon** in the River Taff on their migration from the sea to their river spawning ground. They will often be seen leaping out of the water to get over weirs and low waterfalls. The best place to see this is at Blackweir in Bute Park. These fish can grow to over 1m long and jump up to 3m out of the water.

I'll be back next month with more biodiversity attractions.



New homeless centre opens in city

A new centre to tackle homelessness in Cardiff has been officially opened.

The new building on Dumballs Road, replaces the former Tresillian House hostel, as well as the Huggard hostel and day centre.

It comprises of two hostels with 44 ensuite bedrooms and 16 overnight emergency

beds and includes a suite where health services can be accessed.

A new Huggard Day Centre is also part of the new venue, along with training and development facilities which will help retrain those living in the centre.

The project has been funded by Cardiff Council,

the Welsh Government, Hafod Housing Association, Huggard and the Big Lottery and provides a partnership approach to tackling homelessness.

Cabinet Member for Communities, Housing and Social Justice, Councillor Lynda Thorne, said: "This is an exciting new service for those in housing need within

the city. It provides joined up services by many partner organisations who are working together to prevent homelessness and limit its often devastating effects'.

"The new centre will be a leading example not only in Wales but the rest of the UK on how to provide homeless provision and help rehabilitate some of the

community's most vulnerable people."

The hostel will be run by a number of key agencies including Cardiff Council, Huggard, the Salvation Army, Llamau, and the Cardiff & Vale University Health Board.

Howard Gough, the Chair of Huggard, said: "Huggard exists to support and

empower homeless people to achieve their maximum potential in life and this development will provide the absolutely best facilities available to enable the organisation to achieve this."

He also paid tribute to the Welsh Government and Cardiff Council for their long standing policies for fighting social exclusion.

Cardiff's plan to improve education

CARDIFF Council is creating the first Education Improvement Partnership (EIP) in Wales to transform life chances for pupils, and address concerns about standards of education.

The EIP will cover the city's east schools' catchment areas and will be made up of representatives from schools, the local authority, the community as well as key partners.

It will focus on improving quality in leadership, teaching and learning with a clear emphasis on addressing the causes of under performance, so that pupils have the best

possible chances to achieve their potential.

Consultation with teaching staff, governors, pupils, and groups, such as health organisations and the police, is underway to help decide how the EIP will develop and meet the particular needs of the east of the city.

The model, once established, could be used as a blueprint for improvements across the city.

The Council's new administration will also deliver a new secondary school in the east, which will be determined after a full public consultation. The previous suggestion to build on the site of the Eastern

Leisure Centre has been ruled out by the Cabinet and will not be an option.

Cabinet member for Education, Lifelong Learning and Libraries, Councillor Julia Magill, said: "It's crucial that education standards in the east of the city are addressed and raised without further delay. Both schools have dedicated staff and governing bodies who have worked hard, however there is a real need for a fresh approach which must begin at the earliest opportunity to ensure we are helping pupils achieve their full potential.

"Previous plans to address

the issues in the east have all fallen by the wayside but the time to act is now and we cannot wait until we build a new school to start the process of turning these schools around. This is why we need an Education Improvement Partnership which will involve representatives from the schools, the community and other key organisations to work together to start making a real difference."

Previous proposals to build a new school in the east of the city have so far failed, leaving two schools with falling rolls in poor accommodation.

A long term approach to

establish a brand new school on a suitable site, with both academic and vocational provision for over 16s, has already begun but there is a need for immediate action to raise school standards and performance in the east of the city, before this new school is built.

The EIP will enable the Council to tackle the causes of educational under-performance and place resources and decision making at the heart of the community in the east of the city, in order to ensure students have every opportunity to achieve the best of their potential.

It is planned that the EIP will gradually transfer pupils from poor accommodation in Llanrumney High School to Rumney High School. A consultation will take place as the plans move forward.

Councillor Magill added: "We want to work with schools, parents and other professionals and also the wider community to develop sustainable long-term arrangements for schools in the east of the city. It is important that everyone has the opportunity to achieve their potential, supported by the right environment and culture."

Let's dance!

Street dance session breaks down barriers

A SPECIAL event has taken place at Fitzalan High School where young people have been teaching older people to street dance.

The intergenerational street dance session was designed to highlight how different generations could learn from each other and to help young people think differently about older people.

The event was one of several organised by Cardiff Council in partnership with Sport.Cardiff, Cardiff's Older Person's Forum and Cardiff's Ethnic Minority Elders Group.

Other initiatives included music, art and drama projects focusing on World War Two at Peter Lea Primary School and Ysgol Gyfun Plasmawr; a session at Cardiff's International White Water Rafting Centre and a tea dance hosted by Stan Stennett at St David's Hall.

All the events were designed to challenge stereotypes and to share skills and experience between old and young alike.

Older Persons Forum member Judith Jones, said: "I get on with young people so events like this help keep us young as well. They can

teach us and we can teach them, so it's all good."

Greta Sainsbury, who also took part in the event, added: "We were from the groovy 60s so we can also show them a thing or two."

Cardiff Council's Cabinet

Member for Social Care, Health and Wellbeing, Councillor Luke Holland, said: "Older people make an enormous contribution to our society and I am keen to promote positive initiatives

to combat stereotyping and age discrimination.

"In addition, community safety is a key concern for many older people. Therefore, projects that

make people feel safer are increasingly important. People get to know each other better so they are less fearful. Also, by working

together, young and older people's groups are able to plan how their neighbourhoods can become safer."



Photographs by Nina Robinson



Spotlight on the suburbs

The latest in a series of articles looking at the changing face of the suburbs in Cardiff. This month Capital Times looks at the work to improve the junction between **Albany Road** and **Wellfield Road** in Plasnewydd.

A BUSY junction in Plasnewydd has been transformed under the Council's Neighbourhood Renewal Schemes programme.

The junction of Albany Road and Wellfield Road was in desperate need of upgrading and has been given a host of improvements to turn it into a safe and attractive centre-piece for one of the city's busiest shopping centres.

Despite a high pedestrian footfall in the area, the layout of the junction gave dominance to cars, lorries and buses, with narrow and poor quality pedestrian access. The area also suffered from a lack of greenery, dated street furniture and not enough litter bins, with the pavements and road surface in poor condition.

A series of community consultation events showed that plans to enhance the area were warmly welcomed by shoppers and traders, with people strongly in favour of improvements to pedestrian crossings and provision for cyclists.

Now complete, the project has created an extended pedestrianised space achieved

by the removing the pedestrian island that was once at the mouth of the Wellfield Road junction.

A new signal crossing on Albany Road has created convenient and safe access, with existing crossing points on, or around the junction shortened and upgraded. New street trees, paving, and street furniture, such as benches and cycle stands, have enhanced the physical quality of the area. The roadway has also been resurfaced.

Cabinet Member for Communities, Housing and Social Justice, Councillor Lynda Thorne, said: "The Council has worked very closely with the local community and the area now offers a much better and safer environment for people working and visiting Albany Road and Wellfield Road."

In parallel with the improvement works has been the privately-funded renovation of the once-derelict Bangor Street Church Hall.

Suzi Dorey, who is leading on those renovation works, added: "Our development of two retail units and a home for ourselves



• The new junction between Albany Road and Wellfield Road

has coincided with the redevelopment works to the surrounding area by the Council. Together this has made the area much more attractive. The shops on our ground floor will benefit from the new paving and extended pavement areas and the introduction of trees, cycle racks and benches will make the area so much more user friendly for others."



News in brief

Sleep Out to help the homeless

TWELVE Cardiff councillors are taking part in a fundraising effort to raise money and awareness of homelessness.

Councillors Cerys Furlong, Richard Cook, Ashley Govier, Chris Weaver, Siobhan Corria, Phil Bale, Joe Boyle, Ramesh Patel, Mary McGarry, Luke Holland, Keith Jones, and Ben Thomas are taking part in the Sleep Out 2012 on November 8 in Cardiff.

Sleep Out 2012 is a unique national fundraising event for homeless and disadvantaged young people.

It is being organised by Cardiff-based charity Llamau, in partnership with other organisations including Centrepont who deal with some of the most vulnerable young people in our society.

The Sleep Out is not just about sleeping. There will be plenty of entertainment in the evening to keep spirits high as well as food and refreshments.

Anyone wishing to take part needs to raise a minimum of £250 and pay a deposit of £25 on registering. You can take part on your own or as part of a team. For further information visit <http://www.llamau.org.uk>

Attention Parents!

Will your child be 5 during the next school year?
ADMISSION TO PRIMARY EDUCATION: SEPTEMBER 2013
Will your child be 12 during the next school year?
TRANSFER TO SECONDARY EDUCATION: SEPTEMBER 2013

The closing date for preference forms to apply for your preferred school is: **MONDAY 3 DECEMBER 2012 (12 Noon)**

If you have not applied for a school place you can request a preference form in the following ways:

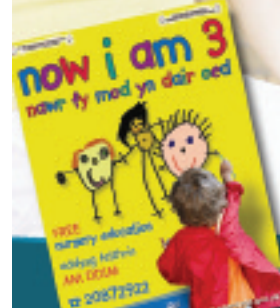
- (1) Call the Admissions office: **029 2087 3816**
- (2) Email your child's full name, address and date of birth to **admissions@cardiff.gov.uk**
- (3) Write to Chief Education Officer, Education Service, County Hall, Cardiff, CF10 4UW
- (4) Apply using the Council's online application Service. Guidance on how to access the online service can be found at **www.cardiff.gov.uk/schooladmissions**

ONLY APPLICATIONS RECEIVED BY THE CLOSING DATE WILL BE CONSIDERED IN THE INITIAL ROUND OF APPLICATIONS.

Nursery Education

For a FREE guide to nursery education or to register your child for a place call Pupil Admissions on **029 2087 2919/3994** or email your child's details to **admissions@cardiff.gov.uk**

Further information regarding schools admissions is available on the Council's website: **www.cardiff.gov.uk/schooladmissions**



Bute Park to keep extended opening hours

BUTE PARK will remain open for longer following a successful pilot scheme which has proved to be popular with pedestrians, cyclists, joggers and dog-walkers.

During the pilot, users of the park were surveyed and asked whether they would like the extended opening hours to be permanent. An overwhelming 96 per cent of people said yes.

More than half of the people surveyed said they used the route to commute to work, with 74 per cent also saying that the longer opening times would help them to carry on cycling throughout the winter.

Cabinet member for Sport, Leisure and Culture, Councillor Huw Thomas said: "We have listened to the users of Bute Park and have taken on board the request from cyclists to continue extending the opening hours of the park.

"Bute Park is a fantastic green



space in the heart of our city and provides a beautiful, tranquil route for many people to walk and cycle through."

The Millennium Bridge, which links Sophia Gardens to Bute Park and the gate at Fisher's Bridge near the Royal Welsh College of Music and Drama

(RWCMD) will now remain open until 7pm throughout the winter. All other access gates will follow the normal closing times, which is 30 minutes before dusk.

Along with the extended opening hours Cardiff Council is teaming up with The Friends of Bute Park and cycling groups to

promote safety messages asking people to 'be seen, be aware, stick to the route and respect other users'.

- Opening times of gates at Millennium Bridge and Fisher Bridge: 7.30am - 7pm. Opening times of all other gates: 7.30am until 30 mins before dusk.

Your park needs you!

Vote for Bute Park to win national lottery awards

BUTE PARK has succeeded in getting through to the final of the 2012 National Lottery Awards under the category Best Heritage Project, but it needs your help to win.

The National Lottery Awards are an annual search to find the UK's favourite Lottery-funded projects and aim to celebrate and recognise the difference that those projects have made to people, places and communities all across the UK.

The Bute Park Restoration Project is one of only three projects to make it through in the Best Heritage Project category as a result of public votes. The final will be

televised on the BBC One National Lottery Draw Show.

The Bute Park Restoration Project has transformed Cardiff's largest city centre park into a place celebrated by the city's residents and visitors alike. The project, supported by a new flourishing friends group, has preserved the park's unique heritage while creating educational and recreational opportunities.

Please support Bute Park by voting. Either call 0844 836 9711 or log on to www.lotterygoodcauses.org.uk/awards. Voting ends at midnight on Sunday, October 28.



• Councillor Heather Joyce (3rd left) with senior staff from Crossroads Care outside the new offices.

Charity opens new offices

CROSSROADS Care, the national charity set up to support carers and those who need caring for, has opened new offices for Cardiff and the Vale.

More than six million people in the UK provide care for others, whether it is for family members, friends or neighbours. Often they will reach a 'crossroads' in their life when it becomes difficult to cope.

There are nine schemes covering Wales, with the Cardiff and the Vale scheme recently celebrating its 30th year of operation. Cardiff and the Vale also runs specific projects that provide support for young carers and those with mental health issues.

Chairman of Cardiff and the

Vale Crossroads Care, Councillor Graham Hinchey, invited the Leader of Cardiff Council, Heather Joyce, to the new offices in Norbury Road, Fairwater to celebrate their opening.

Councillor Joyce said: "I am very proud to have been invited to officially open these new offices and to have joined Crossroads in celebrating their 30th year of operation. The range and quality of care they provide is second to none."

Councillor Hinchey added: "I was pleased to have reached another milestone in the development of the Cardiff and the Vale organisation, particularly when many charities like ourselves are

finding it difficult to survive.

"I am very proud of our dedicated staff who provide a high quality service across a wide range of services, for all age groups, all disabilities, all health conditions and at all times of the day and night."

- Crossroads is currently looking for new trustee members with specific skills in finance, IT and marketing to join the board. If anyone has the necessary skills or experience in a care organisation and could voluntarily give time as Trustee Board Member please contact: Cllr Graham Hinchey, c/o Unit 6, Norbury House, Fairwater, Cardiff, CF5 3AS. Tel 029 2057 7300.

Tŷ Greenfarm going from strength to strength

STAFF at the newly refurbished Tŷ Greenfarm hostel in Ely have been working hard at creating new projects at the venue.

The 25-bed homelessness hostel, which is a joint partnership between Cardiff Council and Cadwyn Housing Association, has been converted from an old farmhouse which has been renovated to create an attractive and tranquil setting for homeless families in Cardiff.

One of the most popular initiatives is the Tŷ Greenfarm Library. The library houses around 500 books and 200 DVDs, for both children and adults, and is available to residents at the hostel seven days a week.

Just 20 minutes of reading per day with a child can have a significant impact on their development and this is something the hostel is actively encouraging.

Any residents who are local to the hostel are also welcome to come and make use of the library.

Also underway at the hostel is the Community Food Co-op programme. This initiative forms part of the Welsh Government's drive to



• Manager Adrian Price outside Tŷ Greenfarm Hostel

encourage people to eat more healthily, which is something that Cardiff Council and Tŷ Greenfarm are keen to promote.

Produce is supplied locally by Michael Brown from Bessemer Road Wholesale Fruit Market and is of high quality.









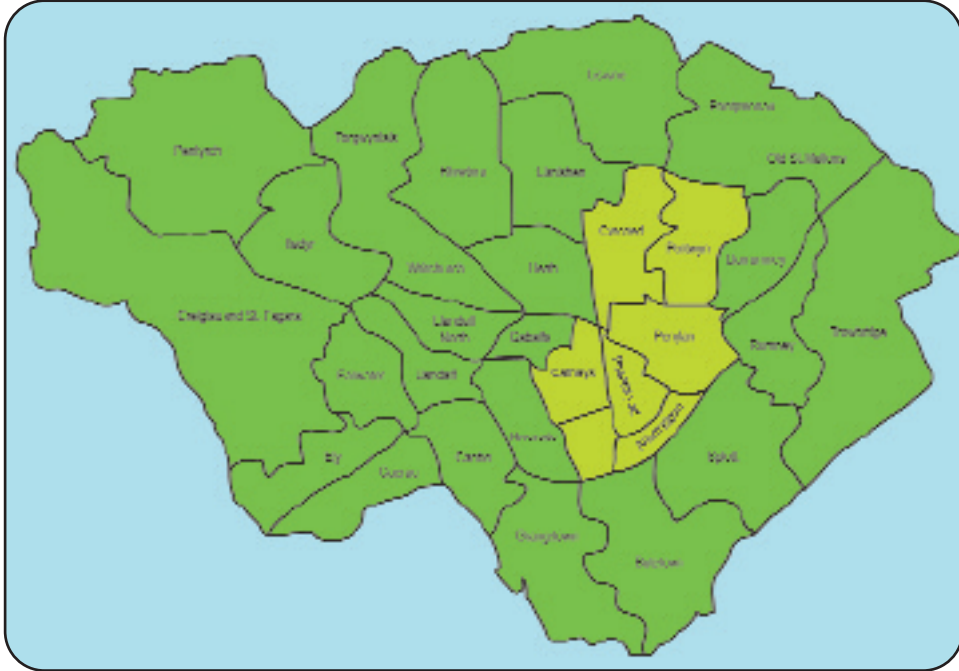












The food co-op has already proved to be incredibly

successful with an average of ten orders being made each week. The hostel is also very happy to open the project up to people living nearby.

- If you want further details on what foods are available, prices and would like to use the service, or if you would like to visit the library, then please call Tŷ Greenfarm on 029 2087 3141.

Your area - Cardiff Central

Each month the Capital Times will focus on a different area of the city.

Adamsdown			Cathays					Cyncoed							
	Manzoor Ahmed 07595353589 Manzoor.Ahmed@cardiff.gov.uk	Nigel Howells 2046 5233 nhowells@cardiff.gov.uk		Christopher Weaver 2039 7149 Christopher.Weaver@cardiff.gov.uk	Elizabeth Clark 2063 0311 eclark@cardiff.gov.uk	Sam Knight 07539685806 Sam.Knight@cardiff.gov.uk	Sarah Merry 2087 2020 Sarah.Merry@cardiff.gov.uk		David Rees 2075 0310 davrees@cardiff.gov.uk	Kate Lloyd 2075 3710 klloyd@cardiff.gov.uk					
												Pentwyn			
											Margaret Jones 2075 8175 mjones@cardiff.gov.uk		Joseph Carter 2073 4659 jcarter@cardiff.gov.uk	Judith Woodman 2054 1534 jwoodman@cardiff.gov.uk	Keith Hyde 2073 2807 khyde@cardiff.gov.uk
												Penylan			
											Paul Chaundy 2073 4313 pchaundy@cardiff.gov.uk		Bill Kelloway 2075 6886 bkelloway@cardiff.gov.uk	Joe Boyle 07966779490 Joe.Boyle@cardiff.gov.uk	Tricia Burfoot 2048 8796 pburfoot@cardiff.gov.uk
Plasnewydd															
	Daniel De'Ath 07581 421273 Daniel.De'Ath@cardiff.gov.uk	Mahommed Javed 2075 3389 Mohammad.Javed@cardiff.gov.uk	Mary McGarry 2087 2020 Mary.McGarry@cardiff.gov.uk	Sue Lent 07790962764 Sue.Lent@cardiff.gov.uk											

Where to find your nearest

COMMUNITY HALL

Penylan Library & Community Centre

Penylan Road
2078 8400
penylancommunitycentre@cardiff.gov.uk

Plasnewydd Community Hall

Shakespeare St
2048 0739
plasnewyddcommunityhall@cardiff.gov.uk

DAY CENTRE

Llanedeyrn Day Centre

The Maelfa
2073 2533

HOUSING OFFICE

Llanedeyrn Housing office

Maelfa Shopping Centre
Llanedeyrn
2053 7111
housingenquiries@cardiff.gov.uk

LEISURE CENTRE

Pentwyn Leisure Centre

Bryn Celyn Road
2054 9211
PentwynLeisureCentre@cardiff.gov.uk

NEIGHBOURHOOD LEARNING CENTRE

Cathays Neighbourhood Learning Centre
Cathays High School,
Crown Way

2069 2044

cathaysac@cardiff.gov.uk

The Friary Neighbourhood Learning Centre

The Friary
2022 7472/3
friaryac@cardiff.gov.uk

Howardian Centre

Hammond Way,
Penylan
2043 2700
Howardianac@cardiff.gov.uk

YOUTH CLUB

Cathays Youth Club

Cathays Youth & Community Centre, Cathays Terrace
2037 3144

City Centre Youth Project/Grassroots

58 Charles Street
2023 1700

Howardian Youth Activity Club

Hammond Way, Penylan
2048 3681

Llanedeyrn Youth Club

The Power House, Round Wood, Penylan
2054 9650

Pentwyn Youth Club

Pentwyn Community Centre, Brynheulog, Pentwyn
2054 1409 / 2054 9033

Whizz-Kidz Tea Party Appeal launched

WHIZZ-KIDZ, a small charity with a big heart. Has launched the Whizz-Kidz Tea Party Appeal.

The appeal aims to raise £50,000 to support disabled children and young people across Wales in need of mobility equipment, training and support.

During the next year Whizz-Kidz is encouraging families, friends and work colleagues to organise a fundraising tea party.

The appeal was kick-started with the help of Councillor Keith Jones, who hosted a tea party in Mansion House where he invited ten Whizz-Kidz ambassadors and their families for afternoon

tea.

Councillor Jones said: "Cardiff Council is fully committed to ensuring that disabled children and their families have the support they need to lead full and active lives.

"I was delighted with the opportunity to highlight the Whizz-Kidz Tea Party Appeal and it is my hope that others will be inspired to organise their own tea party, large or small, in whatever venue they see fit, to raise much-needed money for this very worthwhile charity."

There are almost 5000 young wheelchair users aged 19 and

under living in Wales and at least 14 in South Wales waiting for Whizz-Kidz mobility equipment.

The charity provides wheelchairs, trikes and buggies, as well as offering three day wheelchair skills training and regular fun clubs, called Ambassador Clubs, for young wheelchair users.

Ruth Henley, Regional Fundraiser for Whizz-Kidz Wales, said: "The money raised is spent by Whizz-Kidz to support children and young people who use a wheelchair and this equipment, such as powered or lightweight wheelchairs, can cost

up to £6,000."

Elle Davies, mum of Shanelle Denver, aged seven, and a Whizz-Kidz Ambassador, said: "Shanelle has cerebral palsy and the wheelchair skills training events have been extremely empowering for her. She's attended three times and hopes to continue in the future, however, these events cost Whizz-Kidz £1500 a time so every penny makes a huge difference."

• For further information, telephone: 029 2049 7438 or email: r.henley@whizz-kidz.org.uk



Cardiff set to shine again this Christmas

CARDIFF once again is getting ready to 'Step Into Christmas' - the innovative event that marks the official start to Christmas in the city.

On Thursday, November 15, from 4pm to 8pm, the city centre will come alive with seasonal sparkle.

Step Into Christmas will offer an action packed programme of dazzling entertainment for all the family set against the glittering spectacle of Cardiff's Christmas lights.

Expect to be immersed into a world filled with lights, music, magic and entertainment to herald the start of the festive season.

The event is a great reason to start Christmas shopping early, while soaking up the unique atmosphere created in Cardiff as it comes to life after dark.

Entertainment will be city centre wide, including Queen Street, The Hayes, Trinity Street and around the Castle Quarter in High Street and St John Street.

Following 'Step Into Christmas', Cardiff's Winter Wonderland with Admiral Open Air Ice Rink will open on Thursday, November 22.

Now in its 12th year the festive favourite, which is situated in Cardiff's iconic Civic Centre, will run up until January

6, 2013. With more than six weeks of skating on offer this is a must do Christmas experience.

Another festive highlight at Cardiff's Winter Wonderland is the spectacular Star Ride which is being welcomed

back for a second year. This thrilling 60m high spinning chair ride, the only one of its kind in the UK, will give visitors spectacular panoramic views of our capital city.

As the year draws to a close,

Cardiff's Winter Wonderland will provide the backdrop for 'Calennig', the city's traditional New Year's Eve celebrations.

• Visit www.cardiffswinterwonderland.com for all the latest information and for regular updates send your

details to events.subscribe@cardiff.gov.uk

Or join us on www.facebook.com/cardiffswinterwonderland



Investigating nuisance litter

CARDIFF Council's Environmental Scrutiny Committee has launched its own inquiry into litter within the city.

The inquiry will focus on key aspects of nuisance litter including fast food litter, chewing gum, smoking related litter and dog fouling. It will investigate how the Council can work with the community and other partners to reduce levels of litter in Cardiff.

The inquiry was launched during last month's Tidy Wales Week and staff from Keep Wales Tidy will work closely with the Environmental Scrutiny Committee to provide support and independent opinion.

The Council has set reducing litter within the city as one of its priorities and

aims to develop a clear policy for litter bins and create a zero tolerance approach for enforcement of littering, dog fouling, fly tipping and graffiti.

To help support this exercise the committee has devised a short survey to find out what the public feel about nuisance litter in the city. The public can help shape the 'Nuisance Litter' inquiry by taking a few minutes to complete this survey. The link to this survey can be found at <https://www.surveymonkey.com/m/s/nuisancelitter>

Councillor Bob Derbyshire, the Chair of Cardiff's Environmental Scrutiny Committee, said: "As Councillors we understand that there is always room for improvement where litter is concerned. We are keen to

carry out this exercise to find out how the Council can make Cardiff a cleaner city. The committee welcomes the support of Keep Wales Tidy and the expertise that they can add to the inquiry. The fact that it was launched during Tidy Wales Week helped us focus our minds onto the need to tackle this issue."

Lesley Jones, Chief Executive for Keep Wales Tidy, added: "We are delighted that Cardiff Council is prioritising the issue of nuisance litter and we are confident that its thorough approach to identifying problems and solutions will bring about real improvements across the city."

The Environmental Scrutiny Committee will publish its findings in a report next January.

What is Scrutiny?

SCRUTINY is a method for councillors from all political parties to work together to challenge the Council's Cabinet and service areas to produce the very best public services.

Scrutiny committees were introduced to ensure a

greater number of councillors are involved in influencing Council policy and service improvements to and provide checks and balances on the decisions taken by the Cabinet.

In Cardiff this has resulted in the establishment of five

scrutiny committees, each with nine councillors, drawn from political parties within the Council membership to mirror the Council's overall political composition.

The following councillors chair each scrutiny committee:



Siobhan Corria -
Children and Young
People
2056 9086
Siobhan.Coria@cardiff.gov.uk



Ramesh Patel -
Community and
Adult Services
2037 2035
rapatel@cardiff.gov.uk



Craig Williams -
Economy and Culture
2089 2457
CrWilliams@cardiff.gov.uk



Bob Derbyshire -
Environmental
2036 3748
Bob.Derbyshire@cardiff.gov.uk



Elizabeth Clark -
Policy Review and
Performance
2063 0311
eclark@cardiff.gov.uk

The Scrutiny committees welcome ideas from the public on topics that they could consider. If you have ideas on the kinds of services that you feel could usefully be challenged to improve their effectiveness or value for money, please email scrutinyviewpoints@cardiff.gov.uk or contact the Council's C2C Contact Centre on Cardiff 029 2087 2087.

Capital Events...



New Theatre

Tel: 2087 8889

Book online @ www.newtheatrecardiff.co.uk

Andy Fairweather Low & the Low Riders

Monday, October 15, 7.45pm

This show is a unique musical evening covering Andy Fairweather Low's whole career.

Angelina Ballerina

Wednesday, October 17 - Sunday, October 21. See website for performance times.

Everyone's favourite little star pirouettes onto the stage in her brand new musical.

Julius Caesar

Tuesday, October 23 - Saturday, October 27.

See website for performance times. The RSC's production of Shakespeare's great political thriller finds dark contemporary echoes in modern Africa.

Bugsy Malone

Tuesday, October 30 - Saturday, November 3. See website for performance times.

Set in 1920s New York City, Bugsy Malone is a fun-filled gangster story.

The Importance of Being Earnest

Tuesday, November 6 - Saturday, November 10. See website for performance times.

Oscar Wilde's classic comedy of mistaken identity is packed with hilarious one-liners.

Cardiff Gang Show 2012

Wednesday, November 14 - Saturday, November 17, 7.15pm (Saturday 3pm). Join over 120 talented youngsters on their adventures through song, dance and wonderful storylines.

St David's Hall

Tel: 2087 8444

Book online @ www.stdavidshallcardiff.co.uk

Kevin Bloody Wilson

Tuesday, October 16, 8pm

A irreverent, bawdy, politically incorrect night of comedy.

Academy of St Martin in the Fields

Wednesday, October 17, 7.30pm. Music ranging from Beethoven's First Symphony to Mendelssohn's Scottish Symphony.

Joan Armatrading

Thursday, October 18, 7.30pm

A mix of old favourites and brand new songs.

Cardiff Philharmonic Orchestra 30th Birthday Concert

Friday, October 19, 7.30pm

Conducted by Michael Bell.

An Evening with Neil Sedaka

Monday, October 22, 7.30pm

An evening of classic songs.

Clive Driskill -Smith

Tuesday, October 23, 1pm

Enjoy a performance of Handel Organ Concerto in association with Cardiff Organ Events.

Fay Hield & The Hurricane Party

Tuesday, October 23, 8pm

Fay Hield's earthy approach to singing appeals to both older and younger audiences.

Steve Reich's Drumming

Wednesday, October 24, 7.30pm

Enjoy an evening of uplifting drumming.

The Sensational 60s Experience

Thursday, October 25, 7.30pm

Concert starring The Tremeloes, Hermans Hermits, The Ivy League and The Union Gap UK.

Hairy Bikers - Larger Than Live

Friday, October 26, 7.30pm. A show filled with more food and laughs than ever before.

Cage Warriors Fighting Championship 49

Saturday, October 27, 5.45pm. Europe's leading mixed martial arts organisation.

Amy MacDonald

Sunday, October 28, 7.30pm. Enjoy a performance by one of Europe's biggest selling singer-songwriters.

Don McLean

Monday, October 29, 7.30pm. America's legendary singer-songwriter returns.

Richard Durrant in Concert

Tuesday, October 30, 8pm. Includes works by Barrios, Bach, Albeniz and much more.

Australian String Quartet

Tuesday, October 30, 1pm. Enjoy an afternoon concert.

Julian Clary

Wednesday, October 31, 8pm. Julian Clary is looking for love and he's not leaving empty handed.

John Wilson and The John Wilson Orchestra

Thursday, November 1, 7.30pm

Enjoy a spectacular show celebrating the timeless musicals of Rodgers and Hammerstein.

Zemlinsky's Lyric Symphony-BBC National Orchestra of Wales

Friday, November 2, 7.30pm

Zemlinsky's masterpiece explores the yearning and fulfilment of love. Conductor Jac van Steen.

Strictly Golden Oldies Tea Dance

Friday, November 2, 1.30pm. Join Stan Stennett for an afternoon of dancing.

Wales Festival of Remembrance

Saturday, November 3, 7pm. Thirty Second Annual Wales Festival of Remembrance in aid of the Royal British Legion Poppy Appeal.

David Essex - The Rock Tour

Wednesday, November 7, 7.30pm. David will take a candid journey through his amazing 40 year career performing all his classic hits.

Prague Symphony Orchestra

Thursday, November 8, 7.30pm. Enjoy the instrumental colours of Prague Symphony Orchestra. Conductor Heiko Matthias Forster.

Dance for Children in Need

Saturday, November 10, 3pm. Enjoy an amazing production from local dance and stage schools to raise money for Children in Need.

Debbie Chapman Dancers

Sunday, November 11, 7pm

Dansation X return with a sensational show.

The Mavron Quartet

Monday, November 12, 1pm

Enjoy a performance of Viotti String Quartet No 1 in F and Wood String Quartet No 1.

Martyn Joseph

Monday, November 12, 8pm. A unique talent driven by passion and love for his trade, continues to write, sing and play from the heart.

Zappa Plays Zappa

Tuesday, November 13, 8pm

Featuring material from the 60's, 70's, 80's and music from classic albums.

Bassaleg Schools

Wednesday, November 14, 7pm

An evening of music celebrating the talents of children from many schools.

Orchestra and Chorus of Welsh National Opera

Friday, November 16, 7.30pm

Mozart's Requiem has all the elements of Gothic fantasy. Conductor Christoph Poppen.

Cardiff Castle

Tel: 2087 8100 www.cardiffcastle.com

'Castles in the air': Victorian romanticism and music

Thursday, October 25, 6pm. A new lecture that examines the link between European music and castles of the 19th Century. Tickets: £7.50

Half term at the Castle

Monday, October 29 - Wednesday, October 31, 10am-5pm. Fun-filled days with workshops, storytelling and trails. Pre-booking essential. Normal admission applies.

'Pipes, baths, bogs and smells': country house technology

Thursday, November 8, 6pm

This lecture takes a light-hearted look at the 'shock of the new'. Tickets: £7.50

Park Events

Tel: 2068 4000 www.cardiff.gov.uk/parks

A year in the life of a rose

Wednesday, October 17, 2pm - 3pm

Practical help and advice about looking after your roses. Meet at Roath Park Conservatory. Free.

Seasonal walk in Bute Park

Wednesday, October 17, 2pm - 3.30pm

A guided walk looking at the varied history. Meet at the West Lodge entrance off Castle Street. Free. www.cardiff.gov.uk/butepark

Monthly bird walk at Forest Farm

Saturday, October 20, 10am -12.30pm

A guided walk to identify local birds. Bring binoculars. Meet at the warden's centre. Free.

Wildlife on the River Taff

Saturday, October 27, 10am -1pm

A walk along the banks of the River Taff. Walk ends at the Millennium Plaza. Meet at Radyr Train Station. Bring train fare for the return journey. Free.

Cathays Cemetery War Graves Walk

Sunday, October 28, 2pm - 3.30pm. Explore and learn about the various regimental insignia found on headstones. Meet at main entrance gates, Fair Oak Road. Free.

Bird Walk around Roath Park lake

Sunday, October 28, 10am -12noon

Discover the variety of bird life. Bring binoculars. Meet by the lighthouse on Roath Park Promenade, Lake Road West. Free.

Bute Park Wildlife Detectives

Tuesday, October 30, 1pm - 3pm

Seasonal arts, crafts and fun for families in the Bute Park Education Centre. Charge £2. www.cardiff.gov.uk/butepark

Conservatory House of Horror, Roath Park

Wednesday, October 31, 6pm, 7pm & 8pm (40 minutes per session). Guaranteed carnage as ghouls and vampires run amok on this scary night! Fancy dress preferred. Over 5s. To book call 029 2044 5911/903. £3 each.

History & Folklore of Trees, Hailey Park

Sunday, November 4, 2pm-3.30pm

A guided walk through the woodlands. Meet at the car park, Radyr Road entrance. Free. www.friendsofhaileypark.org.uk

One Day Autumn Photography Workshop

Saturday, November 10, 9.30am-3.30pm. Designed for anyone with intermediate photographic skills. To book a place call 029 2044 5911/903. Suitable for age 17 years and above. Bring your own camera. Light refreshments supplied, bring your own lunch. Meet at the Bute Park Education Centre. Charge £35.

Libraries

Tel: 2038 2116 Web: www.cardiff.gov.uk/libraryevents

Children's activities

Cardiff Libraries provide free Rhyme Time, Story Time and Language and Play sessions for babies and toddlers.

Central Library, The Hayes, has Rhyme Time for 0-2 year olds every Wednesday and Thursday morning at 10.30am. Please book a place by telephoning 029 2078 0953 or emailing childrenslibrary@cardiff.gov.uk

Story Time for 2-4 year olds in Central Library is on Tuesdays and Fridays at 10.30am.

We also have lots of activities happening across Cardiff. Contact your local branch library to find out what activities are available for young children close to your home.

Canton Library 2022 9935
 Cathays Library 2078 5580
 Ely Library 2056 2064
 Fairwater Library 2078 5583
 Grangetown Library 2023 0526
 Llandaff North Library 2061 3182
 Llanedeyrn Library 2073 1428
 Llanishen Library 2075 0634
 Llanrumney Library 2078 0994
 Penylan Library 2078 8400
 Radyr Library 2078 0996
 Rhiwbina Library 2069 3276
 Rhydpennau Library 2075 4657
 Roath Library 2049 4538

Rumney Library 2079 5834
Splott Library 2046 2522
St Mellon's Library 2078 0992
Whitchurch Library 2062 8951

Coffee Morning
Rhydyppennau Library. Every last Friday of the month. Fairtrade Tea and filter coffee provided. Quizzes, newspapers and crosswords available. Call 029 2075 4657 for details.

Live Music
Central Library. Saturday from 1pm. A wide range of artists performing live. Call the library on 029 2078 0959 for details.

Going Up - a promenade performance at Central Library in association with The Drama Association of Wales. Friday, October 26, 7pm - 9pm, doors open 6.30pm. Extracts from various plays will be performed as the audience follow different scenes through Central Library. £5 per person (Limited tickets). For details call 029 2038 2116 or visit www.cardiff.gov.uk/centrallibrary

Wales Millennium Centre

Tel: 029 2063 6464 Web: www.wmc.org.uk

Green Day's American Idiot
Monday, October 15 - Saturday, October 20. See website for performance times.
A story of three lifelong friends forced to choose between their dreams and the safety of suburbia.

Prokofiev & Kalinnikov
Tuesday, October 16, 2pm
Enjoy an afternoon concert from one of the brightest talents of the Russian romantics.

Fidget Feet: Catch Me
Tuesday, October 16, 8pm. The classic story of Little Red Riding Hood unfolds through a stunning mix of aerial circus and theatre.

Shakespeare Schools Festival
Wednesday, October 17 -Thursday, October 18. See website for details. The festival returns with local schools staging different half-hour plays each night.

Dafydd Iwan: Cwm-Rhyd-y-Rhosyn
Friday, October 19, 12pm
Dafydd kicks off the first of his performances with a special selection of his famous children's songs.

Dafydd Iwan: Celebrates Half a Century of Performing
Friday, October 19, 8pm. Dafydd takes a trip down memory lane in a celebration of 50 years of singing and song writing.

Boogaloo Stu: Pop Magic (for families)
Saturday, October 20, 3pm
Join DIY pop star and musical alchemist in a bid to create an instant number one pop smash hit.

Boogaloo Stu: Pop Magic (adults only)
Saturday, October 20, 8pm
Join DIY pop star and musical alchemist in a bid to create an instant number one pop smash hit.

Ross Noble: Mindblender
Sunday, October 21, 8pm. Ross Noble creates comedy gold from tiny particles of random nonsense.

Gaza/Blaenannerch
Sunday, October 21 - Tuesday, October 23, 8pm. A compelling performance of bilingual dance theatre.

Camberwell Composers' Collective
Friday, October 26, 7pm
Streetwise and sassy their music takes its inspiration from beatboxing to Varèse.

It's My Shout Productions
Friday, October 26, 6.30pm. This unique televised event will showcase a series of short films.

In Search Of My Father
Sunday, October 28, 2.30pm & 7pm. Told through enchanting, primitive dance blending modern sounds with the ancient African and Caribbean.

Birmingham Royal Ballet: Autumn Celebration
Tuesday, October 30 - Wednesday, October 31, 7.30pm.

Rannel Theatre Company: 2Deep
Wednesday, October 31, 8pm. An evening consisting of fresh, new, hilarious hip-hop comedy theatre.

Birmingham Royal Ballet: Swan Lake
Thursday, November 1 - Saturday, November 3. See website for performance times.

The Medicine Show
Thursday, November 1, 8pm. Combining song, dance and a dark sense of humour the show pokes gentle fun at good health practice.

Dirty Dancing
Tuesday, November 6 - Saturday, December 1. See website for performance times. Live theatrical experience, exploding with heart-pounding music and sexy dancing.

Ballet Cymru: Double Bill
Friday, November 9, 8pm. An extraordinary double bill of new work featuring some of Wales' most outstanding artists.

Roald Dahl's Little Red Riding Hood and the Three Little Pigs
Saturday, November 10 - Sunday, November 11. See website for performance times. With breath-taking dance, this enchanting evening will capture the imagination of young and old alike.

Bruch & Rachmaninov
Monday, November 12, 7.30pm
Rachmaninov's Symphonic Dances and Elgar's Cockaigne overflow with scintillating energy.

Stories from an Invisible Town
Monday, November 12 - Tuesday, November 13, 8pm. A wonderfully creative theatre performance.

Noord Nederlandse Dans
Tuesday, November 13, 8pm. Enjoy an evening of dance by Noord Nederlandse Dans' world class dancers.

Millennium Stadium

Tel : 087005582582
www.millenniumstadium.com

Rugby Autumn Internationals

Wales v Argentina
November 10, 2.30pm

Wales v Samoa
November 16, 7.30pm

Norwegian Church Art Centre

Tel: 2029 7959 www.norwegianchurchcardiff.com

Wedding Showcase
Sunday, October 21, 12pm - 5pm. The Norwegian Church makes an ideal iconic venue for wedding receptions and blessings. Free entry.

Acoustic Music & Poetry in the Bay
Thursday, October 25, 7.30pm. An evening of acoustic music and spoken word performed by artists from Wales and Sweden. See website for ticket prices.

Family Show - The Locked Door
Wednesday, October 31, 3.30pm. A magical story about self-discovery and the power of a child's imagination. Adult £5, child £3.50 (£15 family).

South Wales Clarinet Choir
Friday, November 9, 7pm. Free (suggested £2 donation).

City and Bay Events

Email: events@cardiff.gov.uk
Email: Eventsmarketing@cardiff.gov.uk
www.cardiff.gov.uk
www.cardiff-festival.com
2087 2087/8 (cym).

All events subject to confirmation.
Information on the L8 (late) night bus service is available from: 0870 608 2608 and www.cardiffbus.com

Baby & Toddler Show at City Hall
Sunday, November 18, 10am - 4pm. Over 50 exhibitors and many attractions including Q&A sessions with sleep expert The Sanity Nanny, free soft play, tasters and demos. For details visit www.cardiffbabyandtoddlershow.co.uk

Bobath Wales' Cerebral Palsy Awareness Month
A series of community events taking place throughout the month. For further information visit www.bobathwales.org

Step Into Christmas - City Centre Wide
Thursday, November 15, 4pm - 8pm. An action-packed programme of dazzling entertainment for all the family set against the glittering spectacle of Cardiff's Christmas lights. Free. For details visit www.cardiffswinterwonderland.com

Cardiff's Winter Wonderland
Thursday, November 22 - Sunday, January 6 2013. This festive setting, situated in Cardiff's iconic Civic Centre includes the Admiral Open Air Ice Rink, spectacular Star Ride and Ice Cafe Bar. Call 029 20 230 130 for tickets or visit www.cardiffswinterwonderland.com

UK Formula Future & Thundercats Powerboat Race-Cardiff Bay and Barrage
Saturday, October 20 - Sunday, October 21
An exciting water-based event featuring top powerboating enthusiasts. Free for spectators. For details visit www.ukformulafutureoffshoraceclub.co.uk or www.thundercatracing.co.uk

Cardiff Naturalists' Society
Cardiff Naturalists' Society is holding a series of talks and field trips covering all aspects of wildlife from plants and animals to the environment and geology. For further details, visit www.cardiffnaturalists.org.uk

Cardiff Philatelic Society
If you collect or are interested in stamps, postcards or postal history come and meet some like minded people. Alternate Tuesdays, 7.30pm at Llanishen Baptist Church, Fidlus Road, Llanishen, CF14 5LZ. For details visit www.cardiffphilatelicsociety.org.uk

Cardiff Royal Naval Association
The Cardiff Royal Naval Association hold meetings on the second Monday of the month at 7.30pm (for an 8pm start) at the Rumney Royal British Legion. Former and serving members of The Royal Navy and Royal Marines welcome, for information contact 07926 030327 or e-mail jeffhadley@hotmail.co.uk

Community Event
Every Saturday, 9.30am -1pm
Roath Art & Craft Bazaar in conjunction with the local Farmers' Market at Mackintosh Sports & Social Club, 38 Keppoch Street, Roath. Free entry.

Chrysanthemum Flower Show
Wednesday, November 7, 2.30pm - 5pm
Chrysanthemum Flower Show at Rhiwbina Scouts Hall, Heol-y-bont, Rhiwbina. Free entry.

Craft Fair
Friday, November 9 from 3pm to 7pm and Saturday, November 10 from 10am to 2pm.
Taking place at Eglwys Dewi Sant, St Andrews Crescent, Cardiff CF10 3DB. Features craftsmen from all over Wales. Free entry.

Craft Fair
Saturday, October 20, 1pm-6pm
The Heath Park Citizens Association Hall, Heath Park, Cardiff, CF14 4EP. Haunted craft fair with a variety of hand-crafted ghoulish goodies. For details visit www.rebeccaandhartcraftfairs.weebly.com or contact rebeccaandhart@hotmail.co.uk / 07944501505.

Monday Club
If you are aged 50 plus and would like to make new friends and enjoy a game of bingo, come along to the Monday Club. Meet weekly at Home Guard Club, Ely at 1.30pm. Complimentary refreshments are also available.

Rhiwbina Floral Society
If you would like to try your hand at flower arranging come and join us. We meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details, visit www.rhiwbinafloralsociety.org.uk

Other Venues

Cardiff Bay Water Activity Centre
Learn sailing, rowing, powerboating, windsurfing, archery, fishing and more! Contact 029 2087 7977 or 029 2035 3912 or visit www.cbwac.com

Cardiff International White Water
Experience the thrill of white water rafting. Contact 029 2082 9970 or visit www.ciww.com

Glamorgan Archives
A series of workshops taking place at Glamorgan Archives, Clos Parc Morgannwg, Leckwith. To reserve a place call 029 2087 2299. For details visit www.glamarchives.gov.uk

The Gate Arts and Community Centre
For performance information visit www.thegate.org.uk or call 029 2048 3344.

**National Museum Cardiff
Artes Mundi 5**
Until Sunday, January 13. Exhibition of work exploring social themes, telling stories of lived experience from countries and cultures across the world.

National Museum Cardiff
For details on other exhibitions and events visit www.museumwales.ac.uk/ or call 029 2057 3000.

Royal College of Music and Drama
For performance information visit www.rwcmd.ac.uk. Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

**Sherman Cymru
Beautiful Burnout**
Tuesday, October 23 - Saturday, October 27, 7.30pm (matinee October 25, 2.30pm)
Bryony Lavery's heart-wrenching and deeply human story follows five young fighters as they aim for the bright lights, far from Glasgow's mean, grey streets.

Sherman Cymru
For details on other events visit www.shermancymru.co.uk or call 029 2064 6900.

**St Fagans: National History Museum
Hallowe'en Nights**
Tuesday, October 30–Thursday, November 1, 6pm - 9pm. Join us for a wicked walk after dark, some real Welsh ghosts and spooky storytelling. To book call 029 2087 8440.

St Fagans: National History Museum
For details on other exhibitions and events visit www.museumwales.ac.uk/en/stfagans/ or call 029 2057 3500.

PUBLIC NOTICES

NEW TRAFFIC RESTRICTIONS
FOR THE CITY AND COUNTY OF
CARDIFF

Notice is hereby given that on 11th October 2012 the County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers made Orders the general effect of which is to impose traffic restrictions in the lengths of road set out in the Schedule below. The titles of the Orders are also described in the said Schedule.

Where an Order provides the provision of Residents Parking Places the cost of a permit will be in accordance with the County Council of the City and County of Cardiff (On Street Parking Places) (Charges) Order 1998 which are for the time being:-

Application per Address per Financial year	Fee Charged per permit issued
1st	£5
Visitor	£5
2nd	£30

The Orders will come into operation on the 26th October 2012 and copies of the Orders and plans showing the affected areas are available at the address shown below, where they may be examined between the hours of 9.00 a.m. – 1.00 p.m. and 2.00 p.m. – 5.00 p.m. Monday to Friday.

Please note these Orders were made as a consequence of previous notices advertised during March and July 2011. The effects of the above mentioned notices remain the same except that minor modifications have been made to bring the Orders in line with the Council's new Residents Parking Policy.

If you wish to question the Orders' provisions or validity on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984 or on the ground that any requirement of, or any instrument made under the Act, has not been complied within in relation to the Order, you may, within six weeks from the 11th October 2012 apply to the High Court for this purpose.

Schedule

1. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (PLANTAGENET STREET, CARDIFF) (TRAFFIC REGULATION) ORDER 2012 will;

(i) prevent you from waiting at any time in Plantagenet Street on both sides, and around its closed end junction with Brook Street, for a distance of 10 metres south east and around its closed end junction with Dispenser Street, for a

distance of 10 metres south east and around its closed end junction with Dispenser Place for a distance of 10 metres south east.

(ii) prevent any vehicle other than a vehicle displaying a valid Residents Parking Permit from waiting between the hours of 8am and 10pm daily in Plantagenet Street on its south west side from a point 10 metres south east of its closed end junction with Depenser Place to a point 65 metres north west of it's junction with Tudor Street; and on its east side from a point 10 metres south east of its closed end junction with Dispenser Place to a point 40 metres north of it's junction with Tudor Street and from a point 10 metres south east of its closed end junction with Dispenser Street for a distance of 40 metres south east and from a point 10 metres south east of its closed end junction with Brook Street for a distance of 12 metres south east; and on its west side from a point 10 metres south east of its closed end junction with Dispenser Street to a point 16 metres north west of its junction with Dispenser Place and from a point 10 metres south east of its closed end junction with Brook Street for a distance of 6 metres south east.

2. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (CUMRAE STREET/INCHMARNOCK STREET, CARDIFF) (RESIDENTS PARKING PLACES) ORDER 2012 will establish Residents Parking Places between the hours of 8am and 10pm daily in;

(i) Cumrae Street on its north east side from a point 37 metres north west of its junction with Sanguhar Street (the common boundary of 8/10 Cumrae Street) for a distance of 43 metres north west (the northerly boundary of 26 Cumrae Street) and on its south west side from a point 19.5 metres north west of its junction with Sanguhar Street (the southern boundary of 1 Cumrae Street) for a distance of 34 metres north west (the common boundary of 15/17 Cumrae Street).

(ii) Inchmarnock Street on its north east side from a point 50 metres north west of its junction with Sanguhar Street (the common boundary of 24/25 Inchmarnock Street) for a distance of 38 metres north west (the common boundary of 15/16 Inchmarnock Street) and on its south west side from a point 21 metres north west of its junction with Sanguhar Street for a distance of 37 metres north west (the common boundary of 9/10 Inchmarnock Street).

Melanie Clay
Chief Officer Legal and Democratic Services, County Hall, Atlantic Wharf, Cardiff CF10 4UW

NEW TRAFFIC PROPOSALS FOR THE CITY AND COUNTY OF CARDIFF

Notice is hereby given that the County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic

Regulation Act 1984 (as amended), Part 6 of theTraffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation order 2010, and of all other enabling powers intends to impose traffic restrictions on the lengths of road referred to in the Schedule below. The nature of the restriction and the titles of the proposed orders are also described in the said Schedule.

Full details of the proposals and plans showing the location and extent of the proposed restrictions may be seen at the address shown below during normal office hours and any objection you may have to any of the proposals must be submitted to me in writing on or before the **12 November, 2012** and must contain the grounds on which you object.

Schedule

The County Council of The City and County of Cardiff (Rhwibina: Blaen-y-Coed, Cardiff) (Prohibition of Waiting) Order 2012 proposes to prevent you from leaving your vehicle at any time in Blaen-y-Coed on its west side from its junction with Heol Llanishen Fach for a distance of 20 metres south; and on its east side from its junction with Heol Llanishen Fach for a distance of 23 metres south.

The County Council of the City and County of Cardiff (Wyncliffe Gardens, Cardiff) (Prohibition of Waiting) Order 2012 proposes to prevent you from leaving your vehicle at any time in Wyncliffe Gardens on both sides from its junction with Wyndcliffe Road for a distance of 12 metres south east; and on both sides from a point 36 metres north east of the T junction between No 310 and No 63 Wyncliffe Gardens for a distance of 32 metres north east (across the roundabout); and on both sides from a point 78 metres south east of its junction with Wyndcliffe Road for a distance of 35 metres south east (across the roundabout); and on both sides of the T-Junction situated between No10 and No 38 Wyncliffe Gardens for a distance of 5 metres south west; and on the south west side of the T-Junction situated between No 10 and No 38 from a point 10 metres north west to a point 10 metres south east of the same junction; and on both sides of the T-Junction situated between No 310 and No 63 Wyncliffe Gardens for a distance of 8 metres north east; and on the north east side of the T-Junction situated between No 310 and No 63 Wyncliffe Gardens from a point of 8 metres north west to a point 8 metres south east of the same junction; and on the corner junction situated adjacent to 141 Wyncliffe Gardens on its south west side for a distance of 15 metres north west and on its north west side for a distance of 10 metres south west; and on the corner junction situated adjacent to 150 Wyncliffe Gardens on its north east side for a distance of 10 metres north west and on its north

west side for a distance of 10 metres north east; and on the corner junction situated adjacent to 153 Wyncliffe Gardens on its south west side for a distance of 10 metres south east and on its south east side for a distance of 6 metres south west; and on both sides of the T-Junction situated between No 310 Wyncliffe Gardens and Wyncliffe Gardens Recreational Area for a distance of 7 metres north west; and on the north west side of the T-Junction situated between No 310 Wyncliffe Gardens and Wyncliffe Gardens Recreational Area from a point 7 metres north east to a point 7 metres south west of the same junction; and on both sides of the T-Junction situated between No 182 and No 156 Wyncliffe Gardens for a distance of 7 metres south east; and on the south east side of the T-Junction situated between No 182 and No 156 Wyncliffe Gardens from a point 7 metres north east to a point 7 metres south west of the same junction; and on both sides of the T-Junction situated between No 250 and No 299 Wyncliffe Gardens for a distance of 7 metres north west; and on the north west side of the T-Junction situated between No 250 & No 299 Wyncliffe Gardens from a point 7 metres north east to a point 7 metres south west of the same junction.

The County Council of the City and County of Cardiff (Barrack Lane, Cardiff) (Prohibition of Waiting/Loading) Order 2012 proposes to amend the existing restrictions to prevent your vehicle from waiting (with no loading or unloading 10am – 12pm daily) at any time in Barrack Lane, on both sides throughout its length and around its closed end.

Dated this 15 day of October, 2012

Melanie Clay
Chief Officer Legal and Democratic Services, County Hall, Atlantic Wharf, Cardiff CF10 4UW

NEW TRAFFIC RESTRICTIONS
FOR THE CITY AND COUNTY OF
CARDIFF

Notice is hereby given that on 11th October 2012 the County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers made Orders the general effect of which imposes traffic restrictions in the lengths of road set out in the Schedule below. The titles of the Orders are also described in the said Schedule.

In regards to the Residents Parking Places order, the cost of a permit will be in accordance with the County Council of the City and County of Cardiff (On Street Parking Places) (Charges) Order 1998 which are for the time being:-

Application per Address per Financial year	Fee Charged per permit issued
1st	£5
Visitor	£5
2nd	£30

The Orders will come into operation on the 22nd October 2012 and copies of the Orders and plans showing the affected areas are available at the address shown below, where they may be examined between the hours of 9.00 a.m. – 1.00 p.m. and 2.00 p.m. – 5.00 p.m. Monday to Friday.

If you wish to question the Orders' provisions or validity on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984 or on the ground that any requirement of, or any instrument made under the Act, has not been complied within in relation to the Order, you may, within six weeks from the 11th October 2012 apply to the High Court for this purpose.

Schedule

1. The County Council Of The City And County Of Cardiff (Angus Road, Cardiff) (Resident's Parking Places) Order 2012 will establish Residents Parking Places (between the hours of 8.00am. and 10.00pm. every day) in Angus Road, Cardiff, on its south west side from a point 38 metres north west of its junction with Moy Road for a distance of 36 metres north west and on its north east side from a point 18 metres south east of its junction with Montgomery Street for a distance of 40 metres south east

2. The County Council of The City And County Of Cardiff (Various Roads Cardiff) (Special Parking Places – Car Club Vehicles) Order 2010 (Revocation of Clos Dewi Sant Car Club Parking Bay) Order 2012 will be to revoke the existing Car Club Parking Bay in Clos Dewi Sant, Riverside, Cardiff.

3. The County Council of The City and County Of Cardiff (Hermon Hill, Cardiff) (Prohibition Of Waiting) Order 2012 will be to prevent you from leaving your vehicle at any time in Hermon Hill, Cardiff, on both sides from its junction with Merthyr Road for a distance of 7 metres south west

4. The County Council Of The City And County Of Cardiff (Ashbourn Way, Llanishen, Cardiff) (Licensed Hackney Carriage Rank) Order 2012 will establish a Licensed Hackney Carriage Rank allowing Licensed Hackney Carriages only to wait at any time in a stand in Ashbourn Way, Llanishen, Cardiff, within the layby on its south east side from a point 10 metres north east of its junction with the Morrison's Car Park Access Road for a distance of 33 metres (through the length of the bay)

Melanie Clay
Chief Officer Legal and Democratic Services, County Hall, Atlantic Wharf, Cardiff CF10 4UW



News
in brief



A present to Cardiff

A Cardiff artist has presented Cardiff Council with a Royal Jubilee portrait of H.M.The Queen.

Terry O'Callaghan, who lives in Cardiff Bay, is retired and paints as a hobby. He said: "I am very proud of my home city, which is one of the best in the UK, and presented the portrait to Cardiff as a tribute and token of my appreciation of living in this city."

Mr O'Callaghan painted another portrait of The Queen 26 years ago, as well as a portrait of Diana, The Princess of Wales, which he also presented to the Council and are hanging in The Mansion House on Richmond Road along with the new portrait.

Take advantage of
free insulation

RIVERSIDE Advice and Age Concern Cardiff are urging people to take advantage of a Government scheme to insulate people's homes to protect them from the cold and save money on their heating bills.

If you, or someone you know, receives benefits such as State Pension Credit, Child Tax Credit or Income Support, and they own their own home or live in private rented accommodation, then they could be entitled to free home insulation.

Also, depending on your circumstances, you may also be eligible for £75 of shopping vouchers for each installation put in your home. The free offer ends in 2012.

For more information call Riverside Advice on 029 2034 1577 or Age Concern Cardiff on 029 20 521052 or phone for a survey on 08006226110.

Cardiff Local Development Plan:

Preferred Strategy 2006 to 2026



Cardiff Council will shortly be asking for your comments on its Local Development Plan: Preferred Strategy. Providing the Strategy is approved at a meeting of Full Council on 25th October, a six week consultation period will follow running from 1st November to 14th December, 2012.

The Preferred Strategy shows how key current environmental, economic and social issues and trends affecting the city will be addressed. It also looks at how the development needs of the city will be met, including the proposed broad locations for new housing, employment and other strategic requirements.

A series of public events have been arranged for November. These events will give you a chance to view and comment on the Preferred Strategy.

Your views will help inform the preparation of a more detailed plan called the Deposit Plan which is due to be considered by Council in September 2013.

You are welcome to come along to one of our public conferences that have been arranged to give your views at the following locations and times.

PUBLIC CONFERENCES

- **Monday 5th November, 12.30pm to 2pm**
St Davids Hall
- **Tuesday 6th November, 6.30pm to 8pm**
Plasmawr High School
- **Monday 12th November, 6.30 pm to 8pm**
Rumney High School
- **Tuesday 13th November, 12.30 pm to 2pm**
Llanishen Leisure Centre

These events will start with a short presentation followed by an opportunity to feedback comments and ask any questions in groups. To book your place at any of these sessions please call **029 2087 3461** or email your details to ldp@cardiff.gov.uk

Alternatively you can come along to one of our public drop-in exhibitions at the following locations and times.

PUBLIC DROP-IN EXHIBITIONS

- **Wednesday 7th November, 12pm - 7pm**
Ponprennau Community Church Hall
- **Thursday 8th November, 12pm - 7pm** - St Fagans Village Hall
- **Friday 9th November, 12pm - 7pm** - Lisvane Memorial Hall
- **Wednesday 14th November, 12pm - 7pm**
Trowbridge Community Centre
- **Monday 19th November, 2pm - 6pm** - Radyr Library
- **Tuesday 20th November, 12pm - 7pm**
Western Leisure Centre
- **Wednesday 21st November, 12pm - 7pm**
Llanrumney Library
- **Thursday 22nd November, 12pm - 5.30pm**
Old St Mellons Village Hall
- **Friday 23rd November, 1pm - 7pm**
Whitchurch Community Centre
- **Monday 26th November, 12pm - 7pm**
Grangetown Salvation Army Hall
- **Tuesday 27th November, 12pm to 6pm** - Howardian Centre
- **Wednesday 28th November, 12pm to 7pm** - Chapter Arts Centre
- **Thursday 29th November, 1pm - 6pm** - Greigiau Church Hall
- **Friday 30th November, 2pm to 6pm** - Cathays Library

All you need to do is visit the venue on the appropriate day and time as detailed above. Further information on the Preferred Strategy will be included in the next edition of Capital Times and on the Council's website www.cardiff.gov.uk. These will also contain details on other ways you can submit your views on the Strategy.

If you have any questions on any of the sessions please contact us on **029 2087 3461**. Alternatively, you are welcome to visit County Hall where there will also be an exhibition and staff available between 9am-1pm and 2-4.30pm every working day of the consultation period.

Your ward surgeries

ADAMSDOWN

Nigel Howells. 1st & 3rd Saturday of every month, 11am to 12noon at Roath Library, Newport Road. To request a personal visit please contact tel: 029 2046 5233
Manzoor Ahmed. 2nd & 4th Saturday of the month, 10.30am to 11.30am at Roath Library, Newport Road.
Contact tel: 07595 353589

BUTETOWN

Ali Ahmed. Every 2nd & 4th Saturday of every month, 11am to 12noon at County Hall, Atlantic Wharf (in the office to the left of reception). Saturday street surgeries - 12.15pm to 1.15pm. For more details contact 07976 358696

CAERAU

Peter Bradbury and Elaine Simmons. Every other Saturday, 10am to 11am at Western Leisure Centre, Caerau Lane. No appointment necessary. Contact tel: 07973 179577 for more details.

CANTON

Richard Cook, Cerys Furlong and Ramesh Patel. Every Saturday 10am to 11am at Canton Library, Library Street. No appointment necessary

CATHAYS

Elizabeth Clark. First Saturday of every month, 11am to 12noon at Cathays Library, Fair Oak Road. Please contact Councillor Clark on 02630311 or email eclarke@cardiff.gov.uk
Sam Knight, Sarah Merry and Christopher Weaver. 1st Saturday of the month, 11am to 12noon at Cathays Community Centre, Cathays Terrace.
All other Saturdays at Cathays Library, Fair Oak Road. For city centre surgeries contact Members Services on 029 2087 2020 for details.

CREIGIAU & ST FAGANS

Graham Thomas. To book an appointment or arrange a house call please email: graham.thomas@cardiff.gov.uk or call Councillor Thomas on 07805 850812 or Members Services on 029 2087 2020.

CYNCOED

Margaret Jones, Kate Lloyd and David Rees. Tuesday 16th October 2012
10am to 11am at Anafoni's, Clearwater Way, Lakeside Tuesday 13th November 2012 10am to 11am at Anafoni's, Clearwater Way, Lakeside
For further details contact Members Services on 029 2087 2020

ELY

Jim Murphy, Susan Goddard and Russell Goodway. 1st & 3rd Saturday of every month except for August. Ely Day Centre, Grand Avenue, Ely Contact Members Services on 029 2087 2020

FAIRWATER

Lisa Ford and Neil McEvoy. Every Saturday 11am to 12noon at Fairwater Library. Every Wednesday 12noon to 1pm at Pentreban Community Centre.
Paul Mitchell. 1st and 3rd Saturday, 11am to 1pm - street surgeries at various locations.
2nd and 4th Saturday 2pm to 3.30pm - fixed surgeries at Fairwater Library. Contact paul.mitchell@cardiff.gov.uk for further details.

GABALFA

Ed Bridges and Gareth Holden. Thursday 4 October 2012
6pm to 7pm at the Heath Public House, Whitchurch Road.
Thursday 1st November 2012
6pm to 7pm at the North Star Public House North Road

First Thursday of every month - venue rotated around the ward - please check the website or see local press for location

GRANGETOWN

Ashley Govier, Chris (John) Lomax and Lynda Thorne. Every Saturday from 10.30am at Grangetown Library, Havelock Place. Third Monday of every month, 12noon to 1pm at Grangetown Library, Havelock Place. First Wednesday of the month from 6pm at Channel View Flats Community Room.

HEATH

Fenella Bowden. 1st Saturday of the month, 10am to 11am at Birchgrove School; and 2nd Thursday of the month, 6.30pm to 7.30pm at Ton Yr Ywen School; and as advertised within the ward. Contact tel: 029 2069 2435.

Lyn Hudson. 1st Wednesday of every month (except August). 5.30pm to 6.30pm, Maes y Coed Community Centre.

Graham Hinchey. 1st Monday of every month (except August). 5.30pm to 6.30pm. Maes y Coed Community Centre. For details of Street Surgeries please contact Councillor Hinchey

LISVANE

David Walker. Saturday, 27th October & Saturday 8th December, 2012
10am to 11am at The Old School Cabin, Heol Y Delyn, Lisvane. Contact Councillor Walker on 029 2076 5836.

LLANDAFF

Gareth Aubrey and Kirsty Davies. 2nd Saturday of every month 12.30pm to 1.30pm, at Llandaff Parish Hall.
4th Saturday of every month, 12noon to 1pm at St John's Hall, Danescourt.

LLANDAFF NORTH

Dilwar Ali and Siobhan Corria.

1st & 3rd Tuesday of each month - 5.30pm to 6.30pm Llandaff North Library, Gabalfa Avenue, Llandaff North

2nd & 4th Thursday of each month - 10am to 11am Gabalfa Community Education Centre, Colwill Road, Llandaff North

LLANISHEN

Phil Bale, Garry Hunt and Julia Magill. Every Saturday 10am to 11am at Cardiff North Labour Office, 13 Llangrannog Road, Llanishen. Andrew Graham. 1st Saturday of every month between 10.30am to 11.30am, Llanishen Leisure Centre, Ty Glas Avenue.

LLANRUMNEY

Heather Joyce, Derrick Morgan and Keith Jones. 1st Saturday of every month and every Tuesday 9.30am at Llanrumney Library, Countisbury Avenue.

PENTWYN

Joseph Carter, Paul Chaundy, Keith Hyde and Judith Woodman. Alternate Fridays (School term times only) 11.30am to 12.30pm at the Powerhouse, Llanedeyrn
Contact 029 2054 9650; or 11.30am to 12.30pm at the Dome, Pentwyn, Contact 029 2054 9033 No appointment necessary

PENTYRCH

Craig Williams. To book an appointment or arrange a house call please call 07843 233083 or email cwilliams@cardiff.gov.uk

PENYLAN

Joe Boyle, Patricia Burfoot, and Bill Kelloway. Friday 19 October 2012 at 6pm in Marlborough Primary School, The Foyer, Agincourt Road. Friday 30 November 2012 at 6pm in Marlborough Primary School, The Foyer, Agincourt Road Contact Members Services on 029 2087 2020

PLASNEWYDD

Daniel De'Ath, Mohammed Javed, Sue Lent and Mary McGarry. Every Saturday morning 10am to 11am - Penylan Library and Community Centre, Ninian Road (except August) First Monday of every month 2pm to 3pm - Plasnewydd Community Centre Contact Members Services on 029 2087 2020

PONTRENNAU & OLD ST MELLONS

Dianne Rees. 1st Saturday of every month (except August) 9.30am to 10.30am - Caer Salem Baptist Chapel, Tyr Winch Road. 1st Monday of every month (except for Bank Holidays and August) 6pm to 7pm - Pontprennau Community Centre, Heol Pontprennau. Georgina Phillips. 1st Saturday of every month, 9.30am to 10.30am. Upstairs at Pontprennau Community Church Centre, Heol Pontprennau. 1st Saturday of every month 11am to 12noon

The hall at the rear of Caersalem Baptist Church, Mill Lane, Old St. Mellons.
RADYR & MORGANSTOWN
Roderick McKerlich. Saturday, 27th October & Saturday 8th December, 2012, 10am to 12noon at Radyr Library, Radyr. To book an appointment please call Councillor McKerlich on 029 2084 3106 Email mckerlich@cardiff.gov.uk

RHIWBINA

Jayne Cowan, Eleanor Sanders and Adrian Robson. Saturday 20 October. 9.30am to 11.00am at Rhiwbina Library, Pen y Dre Rhiwbina. Friday 2 November 2012, 10.00am to 11.30am, at the Rhiwbina Farmers Market, Butchers Arms, Heol y Felin, Saturday 8 December 2012, 10.30am to 12.00noon, at Rhiwbina Baptist Church Free Coffee Morning and Bring & Buy Sale in aid of Llamau the Council's nominated Charity

http://rhiwbinaaward.co.uk

RIVERSIDE

Iona Gordon, Cecilia Love and Phil Hawkins. Every Saturday 10am to 11am at Canton Library (opposite Iceland), Cowbridge Road East, CF5 1QD. On bus routes 17 and 18.

RUMNEY

Bob Derbyshire & Jacqui Parry
1st Tuesday of the month. 10am at Rumney Library, Brachdy Road. 3rd Thursday every month 6.30pm to 7.30pm at Rumney Community Centre, Llanstephan Road.

SPLOTT

Luke Holland, Gretta Marshall and Huw Thomas. Every Wednesday from 6pm at Moorland Community Centre, Moorland Road, Splott, CF24 2LG.

TROWBRIDGE

Ralph Cook, Michael Michael and Monica Walsh. Councillors Ralph Cook and Monica Walsh would be pleased to see you on 1st Saturday of every month (excluding August and January) At 10am at St Mellons Library, Crickhowell Road, St Mellons. Councillor Michael Michael would be pleased to see you on the 1st Wednesday of every month (excluding August & January) 9am to 10am at Trowbridge Community Centre, Caernarvon Way, Rumney.

WHITCHURCH & TONGWYNLAIS

Jonathan Evans, Chris Davis, David Groves and Benjamin Thomas First Saturday of the month, 11am to 12noon in Whitchurch Library. Second Saturday of the month, 11am to 12noon in Whitchurch Community Centre. Third Saturday of the month, 11am to 12noon in Ararat Baptist Church, Whitchurch. Fourth Saturday of the month, 11am to 12noon in Bethesda United Reformed Church, Tongwynlais

Councillors are also available by phone. Call Member Services on **2087 2020** or visit www.cardiff.gov.uk/councillors for details. Surgeries are not held on Bank Holidays.

PRIMARY SCHOOLS MENU 15 OCTOBER - 09 NOVEMBER 2012

MONDAY 15 OCTOBER	TUESDAY 16 OCTOBER	WEDNESDAY 17 OCTOBER	THURSDAY 18 OCTOBER	FRIDAY 19 OCTOBER
Homemade Margherita Pizza ✓ Jacket Potato filled with Tuna or Baked Beans Herby Diced Potatoes Baked Beans Homemade Rice Pudding with Raisins A range of desserts to include fresh fruit, fruit salad or Yoghurts	Beefburger in a Bap Quorn Burger ✓ Chipped Potatoes Coleslaw Tomato Sauce Homemade Banana Brownie A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Creamy Chicken Pasta Homemade Tomato Chicken Pasta Homemade Pasta Napolitan ✓ Broccoli Sweetcorn Homemade Chocolate Crunch Cookie with Apple Wedges A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Pork Sage and Onion Stuffing and Gravy Homemade Corned Beef Pie Homemade Cheese and Potato Pie ✓ Roast/New Potatoes Broccoli Carrots Fruit Jelly with Ice Cream A range of desserts to include fresh fruit, fruit salad or Yoghurts	Alaskan Salmon Bake Country Vegetable Bake ✓ Creamed Potatoes Spaghetti Hoops Peas Homemade Eves Pudding with Custard A range of desserts to include fresh fruit, fruit salad or Yoghurts
22 OCTOBER	23 OCTOBER	24 OCTOBER	25 OCTOBER	26 OCTOBER
Meatballs in Gravy Meatballs in Tomato Sauce with Grated Cheese Vegi Balls in Gravy ✓ Sardines on Toast with Salad Creamed Potatoes Garden Peas Homemade Apple and Mango Crumble with Custard Fruit Cake Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Beef and Pepperoni Pasta Bake Vegetarian Pasta Bake ✓ Garlic Bread Jacket Potato filled with Tuna or Cheese Sweetcorn Baked Beans Peaches with Ice Cream Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Chicken Korma Homemade Vegetable Korma ✓ Oven Baked Crispy Golden Fish Rice Creamed Potatoes Green Beans Tomato Sauce Homemade Lemon Drizzle Sponge Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Beef Yorkshire Pudding and Gravy Cheese Vegetable Pastry ✓ Roast/New Potatoes Broccoli Carrots Fruit Yogurt Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Oven Baked Fish Fingers Cheesy Beans on Toast ✓ Cajun Potatoes New Potatoes Garden Peas Baked Beans Coleslaw Fruit Sponge with Custard Muesli Cookies A range of desserts to include fresh fruit, fruit salad or Yoghurts
05 NOVEMBER	06 NOVEMBER	07 NOVEMBER	08 NOVEMBER	09 NOVEMBER
BONFIRE LUNCH	Homemade Pasta Bolognaise with Grated Cheese Homemade Pasta Napolitan with Grated Cheese ✓ Jacket Potato filled with Cheese or Beans Garlic Bread Green Beans Raspberry Artic Roll with Fruit and Fruit Flapjack A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Chicken Tikka Homemade Vegetable Tikka ✓ Oven Baked Fish Finger Wrap Potato Wedges Rice Mixed Vegetables Coleslaw Homemade Cornflake Crisp Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Turkey Sage and Onion Stuffing and Gravy Pork Sausage Quorn Sausage ✓ Roast/New Potatoes Cabbage Carrots Coconut Slice Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Oven Baked Crispy Golden Fish Cheese Egg and Potato Bake ✓ Creamed Potatoes Garden Peas Baked Beans Apple and Strawberry Tart with Custard A range of desserts to include fresh fruit, fruit salad or Yoghurts

Fresh salad, extra bread and an extra piece of fruit are offered daily.

✓ This is a vegetarian product or a vegetarian version is available. Please note that different term dates may apply. This menu represents our full range of meals, your school may have requested a smaller selection.



Sealod with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery



HALF TERM 29 OCTOBER - 02 NOVEMBER

>> nsmw

5 - 9 November 2012

We are proud to be involved

National School Meals Week

www.nationalschoolmeals.co.uk

www.cardiff.gov.uk/schoolcatering